

SUMMARY OF MERCURY SYMPTOMS

- *Irritability*
- *Anxiety/nervousness* - panic feeling often accompanied by difficulty in breathing
- *Loss of memory*
- *Inability to concentrate*
- *Lethargy/drowsiness*
- *Insomnia*
- *Mental depression*
- *Despondency and/or withdrawal*
- *Numbness and tingling of hands and feet*
- *Finger's muscle weakness*
- *Loss of balance* - stumbling
- *Tremors/trembling of hands, legs and eyelids*
- *Decline of intellect*
- *Loss of self confidence*
- *Shocks and pain in brain* (oral galvanism)
- *Stiff neck and shoulder pain*
- *Bleeding gums*
- *Alveolar bone loss* (mercurial stomatitis)
- *Loosening of teeth*
- *Metallic taste*
- *Numbness in side of face*
- *Burning sensation, accompanied by tingling of lips*

- *Tissue pigmentation* - Mercury tattoo
- *Ringing in ears*
- *Speech impairment* - difficulty in articulation
- *Food sensitivities*
- *Abdominal pains*
- *Nausea/vomiting*
- *Lymphadenopathy* - bilateral cervical
- *Allergies/sensitivities* - food, chemicals (car fumes, cigarette smoke)
- *Flu symptoms*
- *Chronic headaches*
- *Dermatitis*
- *Subnormal body temperature, clammy skin* - especially hands and feet
- *Excessive perspiration*
- *Unexplained sensory symptoms* - buzzing in head, flashes of pain in head
- *Unexplained numbness or burning sensation*
- *Chronic fatigue*
- *Edema*
- *Joint Pains*

REFERENCES:

United States Public Health Service, Agency for Toxic Substances and Disease Registry (ATSDR). "*Toxicological Profile for Mercury*"; "*Casarett and Doull's Toxicology: The Basic Science of Poisons*", Third Edition, Macmillan Publishing Co., New York, 1986.; Goodman and Gilman's. "*The Pharmacological Basis of Therapeutics*", Sixth Edition (1980) Macmillan Publishing Co.; Shafer, WG; Hine, MK; Levy, BM. "*A Textbook of Oral Pathology.*", Florentine, MJ; Sanfilippo, DJ. "*Elemental Mercury Poisoning.*" Clin Pharm 10(3):213-221, Mar 1991., Dentsply/Caulk. "*Material Safety Data Sheet (MSDS): Mercury*" Gerstner, HB; Huff, JE. "*Clinical Toxicology of Mercury.*" J. Toxicology, 2:491-526, 1977.

